

## Menu – Week 1

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	<p><b>Spaghetti Carbonara</b></p> <p>Peas &amp; Sweetcorn</p>	<p><b>Roast Chicken</b></p> <p>Carrot, Swede &amp; Mash Potatoes</p>	<p><b>Chilli-con-carne</b></p> <p>Tomatoes, Chilli beans, Onions, Peppers &amp; Rice</p>	<p><b>Tomato &amp; Veg pasta</b></p> <p>Onions, Peppers, Courgette &amp; Sweetcorn</p>	<p><b>Fish cakes</b></p> <p>Mushy peas, mash potato</p>
VEGETARIAN	Cheesy Spaghetti	Quorn Chicken dinner	Meat free Chilli	As above	As above
DESSERT	Oranges	<p><b>Natural yoghurt</b></p> <p>with peach puree</p>	Bananas & Custard	Grapes	Fromage Frais
AFTERNOON TEA	<p><b>Homemade Vegetable soup</b></p> <p>Melon</p>	<p><b>Fish finger Sandwiches</b></p> <p>Pineapple</p>	<p><b>Ham/Egg sandwiches</b></p> <p>&amp; Cucumber</p> <p><b>Fromage frais</b></p>	<p><b>Sausages and Beans</b></p> <p>Malted Milk &amp; Raisins</p>	<p><b>Scotch Pancakes</b></p> <p>Apples</p>