

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spaghetti Carbonara Bacon Lardons Peas, Sweetcorn	Roast Chicken Dinner Mashed Potato Green Beans, Cauliflower, Gravy	Salmon Pasta Wholemeal Pasta, White Sauce, Sweetcorn, Broccoli	Vegetarian Pot Pie Mixed Vegetables, Potatoes, Cannellini beans Broccoli	Sausage Casserole Mashed Potato, Peas, Sweetcorn, Carrot
Meat Free	Cheesy Spaghetti	Quorn Chicken Dinner	As Above	As above	Veggie Sausage casserole
Dessert	Grapes	Natural Yoghurt Peach Puree	Strawberry Oat Bites	Apple Rice Pudding	Oranges
Afternoon Tea	Fish Finger Sandwiches Wholemeal Bread Pineapple	Homemade Vegetable and Lentil Soup Bread and Butter Melon	Ham and Cheese Sandwiches Wholemeal Bread Seasonal Fruit	Homemade Cheese Scones Mixed Fruit	Bagel Thins & Red Pepper Hummus Cherry Tomatoes Fromage Frais

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch

*Honey & Mustard
Chicken*

(Substitute for under 1s)

Long Grain Rice

Peppers, Peas, Onions

Spaghetti Bolognese

Garlic Bread

Peppers, Onions, Carrots

*Red Lentil
Cottage Pie*

Mashed Potato

Carrots, Celery

*Sweet and Sour
Chicken Noodles*

Mixed Peppers,

Mushrooms, Green Beans

Tuna Pasta Bake

White Pasta

Cheese Sauce

Peppers, Sweetcorn

Meat Free

*Honey & Mustard
Quorn*

*Spaghetti Bean
Bolognese*

As Above

*Sweet and Sour Tofu
Noodles*

As Above

Dessert

Natural Yoghurt

Summer Fruits Puree

Apples / Stewed

Apples

Melon

Bananas

Jelly & Fruit

*Ham and Tuna
Sandwiches*

Wholemeal Bread

Oven Baked Omelette

Cucumber

Pizza

Cheese and Tomato

*Oatcakes with
Cheddar & Tomatoes*

Shredded Lettuce

Chicken Pate

Bread Rolls

**Afternoon
Tea**

Grapes

Blueberries

Pineapple

Fromage Frais

Oranges

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch

Chilli-Con-Carne

Wholemeal Rice
 Chill Beans, Mushrooms,
 Onions, Peppers

**Turkey Meatball
 Pasta**

White Pasta
 Tomato Sauce
 Onions, Peppers

Lamb Hot Pot

Boiled Potatoes
 Onion, Carrots,
 Sweetcorn, Peas

**Lentil & Vegetable
 Lasagna**

Onions, Peppers,
 Courgettes, Carrots

Fish Cakes

Mashed Potato
 Mushy Peas

Meat Free

Mixed Bean Chilli

**Plant Based Meatball
 Pasta**

Quorn Hot Pot

As Above

As Above

Dessert

Oranges

Melon

**Banana & Lemon
 Cake**

**Chocolate Crispy
 Cakes**

Natural Yoghurt

Pear Puree

**Afternoon
 Tea**

**Pitta & Classic
 Hummus**

Cheese & cucumber

Kiwi

**Chicken & Egg
 Sandwiches**

Wholemeal Bread

Fromage Frais

**Potato Waffles and
 Baked Beans**

Grapes

**Homemade Leek &
 Potato Soup**

Bread & Butter

Bananas

Cheese & Crackers

Soft Cheese, Cucumber

Pineapple

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni Cheese Onions, Peppers, Peas, Sweetcorn Green Beans	Chicken Korma Wholemeal Rice Naan Bites Onions, Peas	Fish Pie Haddock, Salmon, Cod Mashed Potato Carrots, Peas, Sweetcorn	Sausage & Mash Baked Beans	Mixed Bean Chilli Wholemeal Rice Onions, Peppers, Peas
Meat Free	As Above	Chickpea Korma	As Above	Quorn Sausage & Mash	As Above
Desert	Bananas	Summer Fruits Crumble Custard	Oranges	Grapes	Orange & Raspberry Cake
Afternoon Tea	Chicken & Salad Wraps Fromage Frais	Tuna Pasta Salad Sweetcorn, Peppers, Mayonnaise Melon	Falafel & Tzatziki Red Pepper Sticks Natural Yoghurt & Peach Puree	Chicken & Cheese Sandwiches Wholemeal Bread Cherry Tomatoes Strawberries	Veggie Fingers Wholemeal Bread Pineapple