

Week 1

Monday
Tuesday
Wednesday
Thursday
Friday
Lunch
*Spaghetti
Carbonara*

 Bacon Lardons
 Peas, Sweetcorn

Roast Chicken Dinner

 Mashed Potato
 Green Beans, Cauliflower,
 Gravy

Salmon Pasta

 Wholemeal Pasta,
 White Sauce,
 Sweetcorn, Broccoli

Vegetarian Pot Pie

 Mixed Vegetables,
 Potatoes, Cannellini beans
 Broccoli

Sausage Casserole

 Mashed Potato,
 Peas, Sweetcorn, Carrot

Meat Free
Cheesy Spaghetti
*Quorn Chicken
Dinner*
As Above
As above
*Veggie Sausage
casserole*
Dessert
Grapes
Berry Fruit Smoothie
*Natural Yoghurt
Peach Puree*
*Apple Rice Pudding
(Substitute for under 1s)*
Oranges
**Afternoon
Tea**
*Fish Finger
Sandwiches*

Wholemeal Bread

Pineapple

*Homemade Vegetable
and Lentil Soup*

Bread and Butter

Melon

*Ham and Cheese
Sandwiches*

Wholemeal Bread

Strawberries

Pizza

Cheese and Tomato

Kiwi

*Bagel Thins & Red
Pepper Hummus*

Cherry Tomatoes

Fromage Frais

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch

**Honey & Mustard
Chicken**
(Substitute for under 1s)

Long Grain Rice
Peppers, Peas, Onions

**Red Lentil Cottage
Pie**

Mashed Potato
Carrots, Celery

**Spaghetti
Bolognese**

Garlic Bread
Peppers, Onions,
Carrots

**Mild Thai Green
Curry Chicken
Noodles**

Green Beans

Tuna Pasta Bake

White Pasta
Cheese Sauce
Peppers, Sweetcorn

Meat Free

**Honey & Mustard
Quorn**

As Above

**Spaghetti Bean
Bolognese**

**Mild Thai Green
Tofu Noodles**

As Above

Dessert

Natural Yoghurt
Summer Fruits Puree

**Apples / Stewed
Apples**

Melon

Bananas

Jelly & Fruit
(Substitute for under 1s)

**Ham and Tuna
Sandwiches**
Wholemeal Bread

Oven Baked Omelette
Cucumber

**Homemade
Cheese Scones**

Chicken Pate
Bread Rolls

**Cheese and Tomato
Brioche**

Afternoon Tea

Grapes

Blueberries

Pineapple

Fromage Frais

Oranges

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch

Chilli-Con-Carne

Wholemeal Rice
 Chill Beans, Mushrooms,
 Onions, Peppers

Turkey Bolognaise Pasta

White Pasta
 Tomato Sauce
 Onions, Peppers

Lamb Hot Pot

Boiled Potatoes
 Onion, Carrots,
 Sweetcorn, Peas

Lentil & Vegetable Lasagna

Onions, Peppers,
 Courgettes, Carrots

Fish Cakes

Mashed Potato
 Mushy Peas

Meat Free

Mixed Bean Chilli

Quorn Bolognaise Pasta

Quorn Hot Pot

As Above

As Above

Dessert

Melon

Oranges

Chocolate Crispy Cakes (Substitute for under 1s)

Tropical Fruit Smoothie

Natural Yoghurt Pear Puree

Afternoon Tea

Pitta & Classic Hummus

Cheese & cucumber

Kiwi

Chicken & Egg Sandwiches

Wholemeal Bread

Fromage Frais

Potato Waffles and Baked Beans

Grapes

Homemade Leek & Potato Soup

Bread & Butter

Bananas

Cheese & Crackers Soft Cheese, Cucumber

Pineapple

Week 4

Monday
Tuesday
Wednesday
Thursday
Friday
Lunch
Macaroni Cheese

 Onions, Peppers, Peas,
 Sweetcorn
 Green Beans

Chicken Korma

 Wholemeal Rice
 Naan Bites
 Onions, Peas

Fish Pie

 Haddock, Salmon, Cod
 Mashed Potato
 Carrots, Peas, Sweetcorn

Sausage & Mash

Baked Beans

Mixed Bean Chilli

 Wholemeal Rice
 Onions, Peppers, Peas

Meat Free
As Above
Chickpea Korma
As Above
*Quorn Sausage &
Mash*
As Above
Desert
Bananas
Summer Fruits Crumble
 Custard
 (Substitute for under 1s)

Oranges
Natural Yoghurt
 Blueberry Puree

Strawberries
**Afternoon
Tea**
*Chicken & Salad
Wraps*

Fromage Frais

Tuna Pasta Salad
 Sweetcorn, Peppers,
 Mayonnaise

 Natural Yoghurt & Peach
 Puree

Falafel & Tzatziki
 Red Pepper Sticks

Melon

*Chicken & Cheese
Sandwiches*
 Wholemeal Bread
 Cherry Tomatoes

Grapes

Veggie Fingers
 Wholemeal Bread

Pineapple